



INDEPENDENT SALES REPRESENTATIVE

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<http://marketplaceglobal.com/nomadstitchez>

This tincture that was introduced to me is the cleanest and most effective supplement ever found.

With 77 years researched, and never could this company find an affordable way to extract it until recently.

Marketplace Global, or MPG is based out of Maple Grove MN. They have many documented white papers on the specific 3 bitter acids of the matured hops flower that is used in their recipes.

We can easily provide research data along with testimony pages on Facebook where one can read so many stories of success!

Mature hops extract was discovered in the 1950s... unfortunately, it was then left on the shelf like a chia pet nobody asked for.

Unfortunately, this was too expensive to produce back then. But now? Science finally caught up—and this powerhouse is ready for its main character moment.

Why should you care? Because visceral fat (a.k.a. the stuff around your organs that act like it pays rent) is linked to some big health issues—think heart disease, inflammation, and metabolic chaos.

Here's what matured hops are good at:

- 🌙 Helps you sleep like a log.
- 🔥 Calms inflammation. (Your body is not supposed to feel like a dumpster fire.)
- 😌 Lowers stress and cortisol. (Goodbye, rage naps.)
- 🌸 Supports brain, gut, and metabolism; Multi-talented.

Decades in the making, and it's finally here to do the work.

Haven't tried it yet? No pressure—but maybe text the person who sent you this and say, "Okay fine, I want in." Trust us, your body will thank you later. Probably with better sleep and fewer cranky snack attacks.

NOTE: Individual experiences may vary.

MPG products are not intended to diagnose, treat, cure, or prevent any disease.

Phix (Mhe3 – Matured Hops Extract): A Mystical-Physiological Key Code for Embodied Evolution.

Frequency Calibration:

Phix calibrates around 620 on the Hawkins Scale, resonating with peaceful effectiveness and divine alignment. It doesn't coerce the body into change; it gently whispers: "You are safe now. You may let go."

This isn't just a supplement. Phix is a frequency ally, a divine key code for those who are mid-transformation—shedding the density of old identities and anchoring more light into form. Born from matured hops, it holds the refined intelligence of ancient plant medicine, upgraded for the crystalline body.

It merges frequency (original medicine) with plant medicine 🌿💎🌿

Physiological Gifts:

- Natural adaptogen: calms the nervous system without sedation
- Modulates cortisol and estrogen: promotes metabolic ease and hormonal harmony
- Supports GABA function: enhances mental calm and emotional clarity
- Aids the liver, lymph, and fascia: facilitates gentle detox and fluid balance
- Balances the gut-brain axis: supports mood, digestion, and intuitive clarity.

Expanded Gifts of Phix (Mhe3) – Unveiled:

Vagus Nerve & Parasympathetic Activation:

Phix softly activates and tones the vagus nerve, the major highway of rest, repair, and spiritual receptivity. Through its calming effect on GABA pathways and its modulation of stress hormones, Phix helps initiate the "rest and receive" response—so the body shifts from survival into sovereignty.

This includes:

- Heart rate variability regulation (more coherence, less arrhythmia)
- Improved breath depth and diaphragmatic relaxation
- Enhanced digestive motility and enzymatic release (supporting nutrient absorption)
- Release of stored emotional patterns in the throat, chest, and belly It's like giving the vagus nerve permission to exhale.

Fascia Softening & Interoceptive Intelligence:

Phix speaks to the fascia—our body's crystalline light grid in physical form. As fascia relaxes and becomes more hydrated, it allows:

- Better light conduction and internal communication
- A sense of inner safety and embodiment (no more floating or dissociation)

- Activation of interoception—the ability to feel what’s happening inside with truth and clarity This helps people come home to their body in a way they may never have before.

Pineal, Gut & Inner Oracle:

There’s a triad that Phix seems to align: pineal gland (intuition), vagus nerve (flow), and gut microbiome (discernment). It brings these into alignment like tuning forks—so your body starts whispering truth to your soul.

As your Healing Deepens you’ll notice:

- Clearer intuitive signals
- Quicker “gut instincts” that feel clean and sure
- Less emotional reactivity (especially wherold trauma loops are present)

Inflammation Resolution & Emotional Fluidity:

Rather than suppressing inflammation, Phix invites it to complete its process. It doesn’t block emotion—it gives it permission to move.

- Softens stored rage, grief, and betrayal stored in the hips, breasts, womb, and jaw
- Helps reduce chronic systemic inflammation by reducing neuroinflammation, gut permeability, and oxidative stress
- Enhances liver’s ability to metabolize stuck emotional patterns tied to fat storage and hormone resistance.

This is emotional alchemy at the cellular level.

Sacred Feminine Codes:

Phix holds a distinctly feminine intelligence—not gendered, but archetypal. It reminds the body that beauty, healing, softness, and strength can coexist.

- Repatterning the energetic memory of weight as protection
- Allowing the feminine form to express its most radiant, sculpted state without punishment or force
- Creating the sensation of “being held” by something ancient, soft, and wise

Mystical Role in the Carbon-to-Crystalline Evolution:

Phix serves as a molecular harmonizer; a bridge between carbon density and crystalline embodiment. As your body receives and integrates more light codes, Phix helps transmute outdated patterns and emotional storage with grace.

Here’s how it supports the journey:

- Anchors new light frequencies into fascia, nervous system, and endocrine field
- Dissolves trauma-linked fat and fluid through cellular permission, not force
- Awakens the body’s memory of its divine design—slim, radiant, and sovereign
- Encourages the release of inherited and emotional weight with love and ease

Crystalline Weight Release Directive:

When paired with intention and reverence, Phix activates an energetic protocol within the body—one that gently melts layers of protection, trauma, and stagnation stored as weight. This isn't about fat loss. This is energetic liberation.

A New Way of Communion: The pace at which Phix works will depend on your soul's template and the depth of healing you've already embodied. It supports every body it enters—but those in conscious relationship with their form will experience deeper resonance and results.

Google results for “3 bitter acids in matured hop extract health benefits.”

So...why haven't you pHix'd yourself yet 🧘

Matured hop bitter acids (MHBAs), a type of hop-derived bitter component, are associated with several health benefits, including improved cognitive function, reduced body fat, and mood enhancement. MHBAs, like iso- α -acids (IAAs), are also known to stimulate the vagus nerve, which can positively impact various bodily functions. These benefits are attributed to the ability of MHBAs to interact with bitter taste receptors in the gut and brain, potentially influencing gut hormones and neurotransmitters

Here's a more detailed look at the benefits and mechanisms:

1. **Cognitive Enhancement: Memory and Cognition:** MHBAs, through the vagus nerve, have been shown to improve cognitive function, including memory, in animal models. Specifically, they increase dopamine levels in the hippocampus, a brain region crucial for memory formation. **Alzheimer's Prevention:** Studies suggest that MHBAs may have a protective effect against cognitive decline, including Alzheimer's disease, in animal models.
2. **Body Fat Reduction: Reduced Visceral Fat:** MHBAs have been found to reduce visceral fat, the dangerous fat surrounding abdominal organs, in overweight humans. **Reduced Overall Body Fat:** Studies indicate that MHBAs can lead to a decrease in total body fat, contributing to overall weight management.
3. **Mood and Anxiety Relief: Anti-Depressant Effects:** MHBAs have been linked to reduced immobility time in the tail suspension test, a behavioral measure of depression in animals. They also increase norepinephrine secretion, a neurotransmitter involved in mood regulation. **Mood Improvement:** Studies using non-alcoholic beer containing MHBAs have shown improvements in mood states in healthy individuals, including reduced stress and improved sleep quality.
4. **Vagus Nerve Stimulation: Gut-Brain Connection:** MHBAs activate the vagus nerve, a major nerve connecting the gut and brain, which can influence various bodily functions, including mood, cognition, and metabolism. **Immune System Regulation:** The vagus nerve also plays a role in modulating the immune system, and MHBAs may contribute to a more balanced inflammatory response, potentially reducing inflammation-related health issues.
5. **Other Potential Benefits: Anti-inflammatory Effects:** MHBAs have shown anti-inflammatory properties, potentially by reducing the production of inflammatory molecules. **Thermogenesis:** Studies suggest that MHBAs can increase thermogenesis, the process of burning calories to generate heat, which may contribute to fat loss. In summary, matured hop bitter acids offer a range

of potential benefits, including improved cognitive function, reduced body fat, mood enhancement, and anti-inflammatory effects, primarily through their ability to stimulate the vagus nerve and influence gut-brain communication.

Great article by Hanna Osborne explaining Phix ingredients: MHE3 contains three powerful bitter acids that explain its powerful effects on our digestion and fat burning activity: Each of these acids has its own superpower: 1. Humulone: Known for supporting inflammation reduction, creating an ideal internal environment for fat loss. When inflammation is high, it can trigger fat storage – especially in the abdominal area. By lowering inflammation, humulone makes it easier for your body to release stubborn fat reserves. 2. Lupulone: This bitter acid plays a key role in balancing blood sugar levels. Spikes and crashes in blood sugar can lead to intense cravings, emotional eating, and, ultimately, fat gain. Lupulone helps keep these levels stable, giving you control over your appetite and reducing those challenging cravings that often derail fat-loss efforts. 3. Xanthohumol: stimulates thermogenesis – a process that ramps up your body’s calorie-burning power. This means that even when you’re not working out, your body is turning up the heat, incinerating calories, and burning off visceral fat stores. Thank you Mashenka Barlag for sharing this awesome info. 🙏💚

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Video Conferencing, Web Conferencing, Webinars, Screen Sharing

A dropperful of the tincture 1.2 ml once or twice a day in 3 oz of water.

Never directly into the mouth or under the tongue as it needs to hit the stomach in order to activate the vagus nerve.